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MALE HEALTH

Men who experience pain below the waist, dysfunction, or urinary incontinence can experience positive results from physical therapy. Dr. Andy Tatom, PT, DPT, OCS, is the only male Physical Therapist in Lynchburg who offers a comprehensive treatment plan to decrease symptoms and minimize pain. Treatment will be discreet and tailored to each individual for maximum results and total patient comfort.

PHYSICAL THERAPY BENEFITS MEN WHO HAVE:

- Pelvic floor pain
- Prostate/post prostatectomy pain
- Testicular pain
- Sexual dysfunction from pain
- Mild urinary incontinence

COMPREHENSIVE PLANS INCLUDE:

- A comprehensive musculoskeletal evaluation
- Osteopathic (gentle, hands-on) treatment techniques
- Exercise for pelvic floor muscles
- Stretching
- Core strengthening
- Relaxation techniques
- Activity modification
- Home exercise program

GETTING STARTED:

Call for answers to your questions or for an appointment:
1-855-RACV4PT or fax physician orders to: 1-434-509-1695.

At Rehab Associates, we are committed to having the patient seen by a physical therapist within 48 hours of receiving the initial order.

REHAB ASSOCIATES

CLIFTON CLINIC

44 Clifton St • Lynchburg, VA 24501

PHONE: 1-855-RACV4PT • FAX: 1-434-509-1695



We ARE physical therapy...Our goal is your success!